

Here are some options to get you started on breakfast, lunch, or any desired snacks.

Required for 10+

Coffee, teas, soda & bottled/sparkling water.

\$5.95/person (initial set up) \$3/person (per refresh)

Breakfast

Continental Breakfast

\$12.95 person

Fresh fruit salad with berries, mini pastries- muffins, Danish, scones, assorted mini croissants- butter & preserves- Includes assorted juices, coffee & teas.

Better 4U Continental Breakfast

\$15.95/ person

Individual yogurts, whole grain cereals & egg white vegetable frittata, fresh fruit salad with berries, whole bananas- Includes bottled water, coffee & teas.

Breakfast Sandwiches

\$10.95/ person

Assortment of classic breakfast sandwiches including egg and cheese on a Kaiser roll, croissant or in a wrap, with choice of ham, bacon and sausage. Includes bottled water, coffee & teas.

Lunch

Classic Sandwich & Wrap platter * Farmers Market Salad * Grilled chicken Waldorf salad bowl

\$17.95/ person

Select up to (3) sandwiches or wraps.
-Grilled chicken Caesar salad wrap
-Roast turkey breast with sun-dried tomato spread on focaccia
-House made roast beef with cheddar on a Kaiser roll
-Herbed tuna salad on a crusty multi-grain roll
Served with tossed green salad, dessert platter, chips, soda and bottled water

\$15.95/ person

Base/Greens (pick 2): romaine, iceberg, spinach, arugula, kale
Vegetables (pick 4): tomato, cucumber, shredded carrot, mushroom, red onion, green & red peppers, corn, green peas, black olives.
Beans (pick 1): chickpea, kidney, black bean, lentil
Cheese (pick 1): shredded mozzarella, cheddar, parmesan, blue cheese crumbs, feta
Protein (pick 1):
Dressing (pick 1): house balsamic, blue cheese, honey

\$14.95 / person

mustard, ranch, Italian, Russian, Caesar, oil & Vinegar
Apples, red grapes, toasted walnuts, lemon vinaigrette

Hawaiian Poke Bowl

\$16.95 / person

Authentic Hawaiian poke bowl with sushi rice or noodles, ginger chicken, fresh shrimp, avocado, jalapenos, edamame, mango, pineapple, scallions, toasted sesame
-Market Salad & Bowls served with a dessert platter & bottled water-

S n a c k s

The Eye Opener

\$12.95/person

Muffins, Yogurt Parfaits, coffee & tea service.

Sunrise

\$13.95/person

Fresh Fruit Salad with berries, yougurts, granola, coffee & tea service

Healthy Eats

\$11.95/person

Whole Fruits, almonds and Naked Juices

Crunchy Snack

\$3.95/person

Classic chips & pretzels

D e s s e r t s

Sweet Indulgence Platter

\$4.95/person

Decadent assortment of cookies & dessert bars

The Junkie

\$7.95/person

House baked cookies, chips, candy & soda

Gourmet Cheese

Display

\$9.95/person

Served with dry fruits and crackers